



Neurorehabilitation & Therapy

You can expect our neurorehabilitation and neurological therapy to include the evaluation and treatment of movement problems caused by disease or injury to the nervous system. Our Physical and Occupational Therapists can provide these services to patients of all ages with the goal of improving function and overall ability to participate in personal roles and activities important to them.

Balance & Vestibular Disorders

Our experts use directed exercises to improve balance and confidence, enhance mobility and safety, resolve dizzy spells, reduce fear of falling, and improve quality of life. Our highly trained Physical Therapists can also evaluate gait deficits and weaknesses, and provide customized treatment focused on proper body mechanics.

Neurological Conditions like Multiple Sclerosis, ALS or Parkinson's

Our Physical or Occupational Therapists will first assess any impairments or weaknesses and then develop a specific exercise program based on the patient's condition and goals, including a home-exercise program. Our Occupational Therapists can also educate and train the patient on any adaptive equipment they may need. When someone receives a diagnosis, the best option is to begin physical or occupational therapy right away to help improve any mild challenges and possibly slow down the progression of the symptoms of the disease.

LSVT-BIG

Phoenix also has experts trained in LSVT-BIG, an innovative physical/occupational therapy program that helps to increase strength, motor learning, and changes in brain function in individuals with Parkinson's Disease and other neurological conditions including stroke, multiple sclerosis, cerebral palsy, and Down Syndrome. Each treatment focuses on the production of large amplitude whole body functional movements.

Cerebrovascular Accident

Our Physical or Occupational Therapists provide treatments for people who have had a stroke to restore movement and walking ability, decrease disability, and improve function. They can also teach the patient how to use assistive devices that can help them stay mobile.

Concussion Treatment

Physical and occupational therapy has become an important method of treatment for patients who experience symptoms from concussions. Our Physical or Occupational Therapists will focus on the symptoms and limitations observed during the initial evaluation and as the athlete is being treated. Treatment can include vestibular and balance rehabilitation, ocular reflexes and tracking, hand-eye coordination, body mechanics and posture, and sports-specific training.